

First Aid for Seizures

Convulsions, grand mal
Generalized tonic-clonic

Cushion head,
remove glasses



Loosen tight
clothing



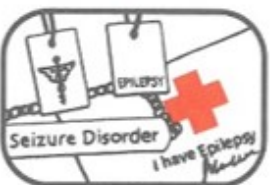
Turn on side



Don't put any-
thing in mouth



Look for I.D.



Don't hold down



As seizure ends...



...offer help



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