

“My doctor never told me to get a mammogram.”

If your doctor hasn't mentioned the need for a mammogram, ask about it yourself. Women, especially older women, should insist on getting the health care they deserve.

The American Cancer Society is only one of many respected health and medical organizations that recommend annual mammograms for women age 40 and over.

“These kinds of special tests are too expensive. How can I afford a mammogram?”

Medicare covers mammograms according to your age and your risk. Your American Cancer Society can give you the details. Just call 1-800-ACS-2345. Most states now make insurance companies cover mammograms, too.

Some low-cost mammography programs are also available. These are often held during Breast Cancer Awareness Month every October. Some doctors, hospitals, or clinics also may lower their fees for women who cannot afford the usual charge. Check with the American Cancer Society about special low-cost opportunities for mammograms in your community.



“I don't know where to get a mammogram.”

If you have a doctor, ask him or her where you can get a mammogram, your doctor will probably be very helpful.

Many public health departments, hospitals, and women's clinics offer mammography. You may be able to get a mammogram by participating in a special program offered in your community. For help in finding a place to get a quality mammogram, call your American Cancer Society at 1-800-ACS-2345.

“Mammograms are x-rays. Are they safe?”

Over the past 20 years, mammography techniques and equipment have improved a great deal, and today the level of radiation is very low and not harmful.